



Laser, Microderm, Chemical Peel and Microneedling Treatment Protocol

Please call 360.326.3171 if you have any questions

- No Accutane (Acne Medication) 1 year prior to treatment
- Not pregnant or nursing
- Hair Removal - shave area 1 day prior
- If you have been diagnosed or have a history with cold sores (HSV) medication may be recommended prior to treatment
- Discontinue the following 2 weeks prior to treatment:
 - Topical Prescriptions Retinols/ Retinoids:
 - Obagi Tretinoin & Refissa
 - Photo Sensitive Medications
- Discontinue using the following 3 days prior to treatment and 3 days after treatment:
 - AHA's Glycolic Acids, Salicylic, & Benzyl Peroxide
 - Obagi Clear, Blender, & Hydroquinone
 - Any exfoliating products Chemical depilatories (Nair)
 - Epionce Lytic product
- No self-tanners 2 week prior/ 1 week post
- No heavy sun exposure 4 weeks prior/ 4 weeks post
- No sun beds 4 weeks prior/ 4 weeks post
- No hot tubs or hot showers 48 hrs. post treatment
- Injections:
 - No Botox injections 7 days prior to treatment
 - No Derma Fillers 14 days before treatment
 - Botox and Derma Fillers can be injected following your treatment
- No exercise 24 hours post treatment.

Patient's Signature: _____ Date: _____

Medical Aesthetician: _____